

Free to Palermo Residents

American Red Cross Swim Lessons



Sign up on Friday, June 21st Sheepscot Lake, Boat Landing

Lessons

Students grades preK-8 are invited to participate, and all swimming levels are welcome. Swim lessons will be appropriate for ALL abilities. More advanced swimmers will work on proficiency in the six major strokes while newer swimmers will learn the basics they need to build up to stroke swimming. Lessons will be conducted according to the Red Cross Learn to Swim standards. We will also be holding Parent and Me lessons for young children who are not ready for traditional Learn to Swim levels. Kat and Darlene Newcombe (Certified Red Cross Water Safety Instructors) will be conducting swim lessons.

Sign-up and Swim Placement, Friday, June 21st

Grades PreK-8: Arrive any time between **9:00-11 AM**.

*Be ready to get in the water! Students will be assessed individually.

*A celebration of each student's achievements will be on Friday, 7/5. Please bring some snacks to help celebrate. Achievement cards will be given to all participants so they can track their progress. Please plan on committing to the full two weeks of lessons.

When:

Swim lessons will be weekdays, starting **Monday 6/24** and ending **Friday, 7/5**. There will be no lessons on **Thursday, 7/4**.

Schedule:

Students will be placed in groups after Friday's swimming placement (6/21). Participants will be notified of class times that evening. Generally, grades 4-8 will start at 9:00 AM, and grades preK-3 will start at approximately 10 AM, though times are not set.

To Bring:

Come in your bathing suit, sunscreen, and bring a towel!

Other:

Parent/guardian must be on site during lessons. Any questions, please call Kat Newcombe at (207) 446-4532 or Darlene Newcombe at (207) 549-4532 or email at dstnewcombe@gmail.com.

***Facebook Page:** www.facebook.com/mysummerswimmer

To maintain safety and quality of lessons, space is limited. While we will try to make room for everyone who signs up, slots will be first come, first serve.